Name of School - Lunch Menu Choice Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
-	WEEK 1 29 th Aug				Chicken Goujons or Chicken fried rice	Fish Fingers or Burger in a Bap Tossed Salad Baked Beans
					Mashed potatoes sweetcorn	Chipped Potato/mash Potato Fresh Fruit Selection &
					Frozen Smoothies & Fruit	Yoghurts
	WEEK 2 5 th Sept	Homemade Chilli Chicken and rice	Breaded Fish Fillets <i>or</i> Lasagne & Crusty bread	Chicken curry with Boiled Rice & Naan Bread, Garden Peas <i>or</i> Chicken & Cheese Panini	Roast Breast of Chicken <i>or</i> Salmon Tails	Steak Burger & Bap <i>or</i> Pizza
	о обра	Oven Baked Sausages <i>or</i>	Sweetcorn & Peas/ Asian Slaw Mashed Potato	Garden Peas Baked Potato	Traditional Stuffing/Gravy Savoy cabbage/Carrots Oven Roast Dry & Mashed	Chipped/mash Potato Tossed Salad
		Baked Beans/Tossed Salad Mashed Potatoes	Pineapple Chunks Frozen Yoghurt	Tossed Salad Apple Sponge & Custard	Potato Chocolate Brownie with	Coleslaw Flakemeal Biscuit & Fruit
		Arctic Roll with Sliced Peaches		. , , , , , , , , , , , , , , , , , , ,	Raspberry Milkshake	Chunks
	WEEK 3 12 th Sept	Breast of Chicken Curry & Rice, Naan Bread ,Garden Peas <i>or</i>	Fish Fingers <i>or</i> Irish Stew & Wheaten Bread	Roast Gammon <i>or</i> Salmon Tails	Breaded Chicken Goujons <i>or</i> Spicy Chicken in a Warm Tortilla Wrap	Steak Burger with Bap <i>or</i> Vegetable Pasta Bake
	12 Зере	Filled Baked Potatoes Salad Selection	Baked Beans/Sweetcorn Mashed Potato Tossed Salad	Traditional Stuffing, Gravy Baton Carrots/Broccoli Oven Dry Roast & Mashed	Pasta Salad Sweetcorn, potatoes	Tossed Salad/Coleslaw Chips mash Potato
		Frozen Yoghurt & Fresh Fruit Selection	Fruit sponge	Potatoes Rice Pudding and Melody of Fruit	Vanilla Ice Cream, Pears, & Chocolate Sauce	Flakemeal Biscuits & Fresh Fruit Chunks
	WEEK 4 19 th Sept	Spaghetti Bolognaise with Crusty Bread or Tuna & Sweetcorn Wrap	Breast of Chicken Curry with Boiled Rice & Naan Bread, Garden Peas or	Roast <i>or</i> Salmon Tails	BUFFET: Selection of Sandwiches (Chicken/Cheese/Tuna)	Breaded Chicken Bites or Chicken and Cheese Panini
	20 0040	½ Baked Potato with Cheese Tossed Salad	Savoury Mince	Traditional Stuffing/Gravy Cauliflower Cheese	Fish Bite Pizza Fingers	Baked Beans Chipped/mash Potato
		Honey Dew Melon Wedges and Ginger Cookie	Garden Peas Mashed Potato	Fresh Carrots Oven Dry Roast & Mashed Potato	Cocktail Sausages Carrot Sticks	Tossed Salad/Coleslaw Jelly, Ice Cream & Fresh Fruit
			Fruit sponge & Custard	Chocolate Brownie and Banana chunk	Fruit Muffin & Milkshake	

Breads Milk, Water A Choice of Fresh Fruit & Available Daily

ea Education Authority

If you require any additional information on Allergens or Special Diets, please contact the School to complete a Special Diets Application Form

