



 45 MINS



WORKSHEET, PENCIL, TABLET OR COMPUTER

Instructions: There are now over 1,000 miles of National Cycle Network routes across Northern Ireland. Using your research skills, find out as much detail as you can about these brilliant routes for cycling, walking and scooting. Use this website to help! - <https://www.sustrans.org.uk/our-blog/national-cycle-network-route-collections/2019/all/easy-rides-in-northern-ireland/> (click on link)

North Coast Cycle Trail



- ⇒ Where does it start? _____
- ⇒ Where does it end? _____
- ⇒ How long is it? _____

Research a point of interest along the way!

Ecos Cycle Trail



- ⇒ Where does it start? _____
- ⇒ Where does it end? _____
- ⇒ How long is it? _____

Research a point of interest along the way!

Lagan & Lough Cycle Trail



- ⇒ Where does it start? _____
- ⇒ Where does it end? _____
- ⇒ How long is it? _____

Research a point of interest along the way!

Enjoy this activity? Use #stayhomestayactive and tag us @SustransNI on [Facebook](#) and [Twitter](#)

The Active School Travel Programme is an exciting initiative for schools who wish to see more of their pupils choosing an active and healthy journey to school. The programme provides schools with the skills and knowledge to get more children walking, cycling and scooting as their main mode of transport to school.

Find out more at www.sustrans.org.uk/NISchools