

# All About Beaches

## What Is a Beach?

- It is made of sand or pebbles.
- It is found next to water.



## Beach Activities

You can have lots of fun at the beach. You could:

- build a sandcastle;
- go for a swim in the water;
- play a ball game;
- have a picnic.



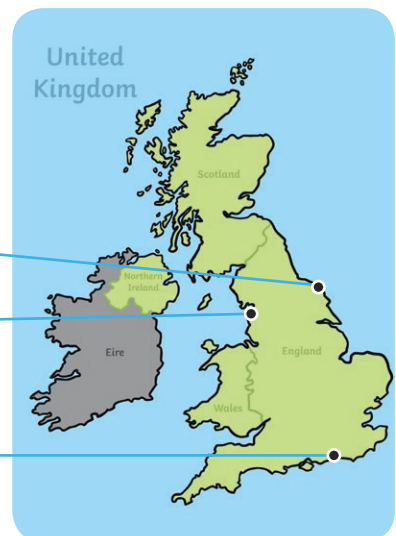
## Popular UK Beaches

There are over 200 beaches in the UK.

Scarborough

Blackpool

Brighton



# All About Beaches

## What Is a Beach?

A beach is found next to water. Most beaches are next to the sea. Some beaches are made of sand and some are made of pebbles.



## Beach Activities

You can have so much fun at the beach. There are lots of different things to do. You can build a sandcastle or go in the water for a swim or paddle. You might like to play a ball game or have a picnic. You can stay at the beach all day.



## Popular UK Beaches

There are over 200 beaches in the UK. Many people say that they are the cleanest and safest beaches in the world.

### Scarborough

was the first beach where people went on holiday in Britain.

### Blackpool

became popular when the railway was built.

### Brighton

is covered with shingle rather than sand.



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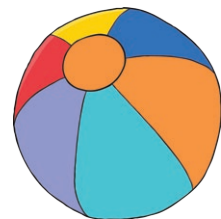
## What Is a Beach?

Beaches are always found next to a stretch of water, such as the sea or a lake. Usually, they are composed of rock which could be in the form of sand, pebbles, gravel or shingle.

At some beaches, there is a high and low tide. This means that at certain points of the day, the sea comes further up the beach. On some beaches, at times, the sea completely covers it.

## Beach Activities

Beaches are a popular choice for both a holiday or a day trip. As you can spend a full day there, many people choose to take a picnic. Other activities include building sandcastles of all shapes and sizes as well as playing a variety of ball games. People also choose to paddle at the seashore although it can be rather chilly. Those who are feeling brave may opt to go swimming! At some beaches, you can also find rock pools. There are lots of treasures to be found, including starfish and crabs.



## Important Information

Make sure you always check high and low tide times before you visit a beach.

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## Popular UK Beaches

It is popular belief that beaches in the United Kingdom are some of the safest and cleanest in the whole world. Amazingly, over 200 can be found along our coastline. There are also other man-made beaches, which can be found next to lakes.

**Blackpool Beach** increased in popularity when the railway was invented.

**Scarborough** hosts two beaches, north and south, which are both very popular. The soft sands attract children and adults alike.

**Brighton** is a very popular beach in the south. It is covered in shingle and stretches for over five miles.

**Newquay** has many beaches and people travel from afar to visit.

**Bamburgh Beach** is overlooked by the castle. It is also home to many sand dunes.

