Week begin	Monday	Tuesday	Wednesday	Thursday	Friday
1-11-21	Sausages	chicken fried rice	Roast lunch	Spaghetti bolognaise	Chicken curry rice
	Or Ormalatta	Of Over helved healthy fish	Or Magazzai ahaasa	Or	
	Omelette Served with Chips or	Oven baked healthy fish fingers	Macaroni cheese Served with Mashed	burger served with Mashed	or Pizza Chips and Vegetables
	Mashed Potatoes,	Served with Mashed	Potatoes, Vegetables	Potatoes, Vegetables	i izza Cimps and vegetables
	Vegetables	Potatoes, Vegetables	1 0111000, 1 050110100		
		, 8	Apple sponge cake and	fruit meringue	Ice cream/frozen yogurt
	Homemade creamy rice pudding and fruit	Cornflake cookie	custard		
8-11-21	Sausage	Chicken and pasta bake	Roast lunch	Panini and homemade	Chicken Curry Rice and
	Or	Or	Or	soup	Naan
	Salmon fishcakes	Oven baked healthy fish	lasagne	Or	Or
	Served with Chips or	fingers	Served with Mashed	Chicken bites	Pizza Chips/ and Vegetables
	Mashed Potatoes,	Served with Mashed	Potatoes, Vegetables	Served with Mashed	
	Vegetables	Potatoes, Vegetables	Chocolate muffin cake	Potatoes, Vegetables	Ice cream/frozen yogurt
	Homemade creamy rice pudding and	Ginger fruit cookie	and custard	i otatoes, vegetables	ice creatil nozen yogurt
	fruit			Oat cookie	
		1.1.1			
15-11-21	sausages	chicken fried rice	Roast lunch	Spaghetti bolognaise	Chicken Curry Rice and
	Or Omelette	or Oven baked healthy fish	Or Savoury mince	Or burger	Naan or
	Served with Chips or	fingers	Served with Mashed	served with Mashed	Pizza Chips/ and Vegetables
	Mashed Potatoes,	Served with Mashed	Potatoes, Vegetables	Potatoes, Vegetables	
	Vegetables	Potatoes, Vegetables			
		-	Apple sponge cake and	cookie	Ice cream
	Homemade creamy rice pudding and fruit		custard		
		Frozen yogurt			
22-11-21	Sausage	Irish stew	Roast lunch	Panini and homemade	Chicken Curry Rice and
	Or Chillin 1:1	Or	Or Chillin f	soup	Naan
	Chilli chicken pasta	Oven baked healthy fish	Chilli beef pasta Served with Mashed	Chicken bites	Or Digge Ching/ and Vegetables
	Served with Chips or Mashed Potatoes,	fingers served with Mashed	Potatoes, Vegetables	Served with Mashed	Pizza Chips/ and Vegetables
	Vegetables	Potatoes, Vegetables		Potatoes, Vegetables	
			Chocolate muffin cake		Ice cream/frozen yogurt
	Homemade creamy rice pudding and	Ginger and fruit cookie	and custard		
	fruit			cookie	

Served with fresh drinking water, fruit, bread, milk